

# Juliette Lee



## AT A GLANCE

### Education and Training

- BEng (Hon's) 2.1 Chemical Engineering
- Postgraduate Diploma in Psychology
- Postgraduate Diploma in Marketing
- Co-Active Coaching
- NLP practitioner
- Myers-Briggs Type Indicator practitioner
- Vipassana meditation practitioner

### Professional Memberships

- Association for Coaching
- Scottish Writers Centre

### Interesting Stuff

- 'Road to Damascus' experience in 1999
- Annual silent 10-day meditation retreat since 2012
- Published poet and spoken word artist
- Sang with York City Gospel Choir
- Ran five half marathons
- Equestrian at 28, western and dressage
- Past Chair of GreenFerry environmental charity



*"Juliette leads you to answer your own questions in a way that is truly inspirational. She has gained the trust of our senior management team, coaching them to become the leaders they really want to be."*

**Cath Anderson, VP HR, Grass Valley**

*"Unravels issues, thoughts and emotions that have been locked away for years. Juliette truly cares and puts everything into it. I have been fortunate to spend time in her presence."*

**Adam Harris, Vistage Group Chairman**

*"Gestamp Chassis Business Unit was formed as part of a global company restructure, creating cultural and functional challenges in our ways of working. Juliette's leadership programme enabled us to meet these challenges and develop our key personnel. Her unique style of interactive learning opened our minds to embrace a more collaborative approach; inspiring, challenging and encouraging each other."*

**Kevin Potter, Gestamp, BU Programme Management**

*"Juliette is a truly exceptional coach. Both my team members and peers have seen a dramatic difference in how I deal with different situations and individuals. After 20 years in industry, she is the first person in any walk of life that I have recommended without hesitation."*

**John McHale, Business Senior Manager, Tata Steel**

## PROFILE

As a former chemical engineer with international experience at ICI, DuPont and Zeneca, Juliette brings a refreshing perspective to leadership development.

With a 20-year track record of developing senior leaders and their teams, she has worked with a wide range of clients—from SMEs and public authorities to entrepreneurs and global organisations such as Thermo Fisher Scientific, Gestamp, Rio Tinto, Grass Valley, and Vistage—consistently delivering results that transcend industry boundaries.

From a working-class background in Glasgow's council tenements, her work is inspired by her own transformative personal journey which gave her the courage to change her life and career. Developing her natural people skills as an empath and intuitive, she retrained as a coach, founded a niche leadership consultancy in 2002, became an award-winning speaker and retreat leader, a podcaster and poet.

As an experienced Vipassana meditator with over 10 years of daily practice and annual silent retreats, she incorporates mindfulness into her work, supported by over 20 years daily journaling and dream work.

Besides people, her other passions are horses and poetry. She lives between Edinburgh and Granada, where she rides regularly in Las Alpujarras and slowly improves her Spanish language skills. Her poetry has appeared in various publications and she aspires to write in Spanish one day!

## INDUSTRY EXPERIENCE

Petrochemicals, Oil and Gas, Mining, Biopharmaceuticals, Speciality Chemicals, Broadcasting, Automotive, Public Health

## AREAS OF EXPERTISE

- Building leadership impact and presence
- Increasing self-awareness and emotional intelligence
- Creating high performing leadership teams
- Transitional development for next position
- Developing female leaders
- Facilitating deep dive retreats
- Creating purpose-driven culture