

Reading List

Positive Psychology

Taming Your Gremlin	Richard D Carson	Harper Collins 2003
The Road Less Travelled	M. Scott Peck	Arrow, 1990
Feel the Fear and Do it Anyway	Susan Jeffers	Rider, 1997
The Power of Positive Thinking	Norman Vincent Peale	Hutchinson, 1990
Emotional Intelligence	Daniel Goleman	Bloomsbury, 1996
The Seven Habits of Highly Effective People	Steven R Covey	Simon & Schuster, London 1992
The Magic of Thinking Big	David J Schwartz	Pocketbooks, 1995
Mind Traps	Tom and Natalie Rusk	Thorsons
Introducing NLP Psychological Skills for Understanding & Influencing People	Joseph O'Connor & John Seymour	Thorsons
Blink	Malcolm Gladwell	Penguin 2006

Work

Quantum Leaps 7 Skills for Workplace ReCreation	Charlotte Skelton	Butterworth Heinemann
How to Discover Your Personal Mission	John Monbourquette	Novalis, 2001
Callings Finding & Following an Authentic Life	Gregg Levoy	Thorsons
Your Soul at Work	Nicholas Weiler & Stephen C Schoonover	HiddenSpring
Who Moved My Cheese	Dr Spencer Johnson	Vermillion 1999
The Monk and the Riddle	Randy Komisar	Havard Business School
The Monk who sold his Ferrari	Robin S. Sharma	HarperElement 2004
Corporate Voodoo	Rene Carayol	Capstone Publishing 2001
The Fifth Discipline	Peter M Senge	Random House Books
Presence	Peter M Senge	Nicholas Brealey 2007

Reading List

Leadership

The Tao of Leadership	John Heider	Gower Publishing
Servant Leadership	Robert K Greenleaf	Paulist Press
Synchronicity The Inner Path of Leadership	Joseph Jaworski	Berrett-Koehler

Money

The Hungry Spirit	Charles Handy	Random House
Rich Dad Poor Dad	Robert T Kiyosaki	Time Warner
Think & Grow Rich	Napoleon Hill	Ballantine, 1983
Money for Life Everyone's Guide to Financial Freedom	Alvin Hall	Hodder & Stoughton

Spirituality

The Laws of Spirit: Simple Powerful Truths for Making Life Work	Dan Millman	H J Kramer
The Seven Laws of Spiritual Success	Deepak Chopra	Transworld Publishers 2002
The Path To Love	Deepak Chopra	Rider, 1997
How to Know God	Deepak Chopra	Rider, 2001
Sacred Contracts: Awakening Your Divine Potential	Caroline Myss	Bantam
Awareness	Anthony De Mello	Fount, 1997
The Song of the Bird	Anthony de Mello	Doubleday
The Prophet	Kahlil Gibran	Heinemann, London
Anatomy of Spirit	Caroline Myss	Transworld Publishers, 2002
The Seat of the Soul	Gary Zukav	Rider, 1991
Jonathan Livingston Seagull: A Story	Richard Bach	HarperCollins 1994
The Soul Bird	Michal Snunit	Robinson Publishing Ltd, 1998
Care of the Soul	Thomas Moore	Piatkus
Life Lessons	Elisabeth Kubler-Ross & David Kessler	Simon & Schuster UK Ltd

Reading List

Spirituality cont'd

Your Sixth Sense	Belleruth Naparstek	HarperCollins, 1997
How to Forgive	John Monbourquette	Novalis, 2000
How to Befriend Your Shadow	John Monbourquette	Novalis
The Alchemist	Paolo Coelho	HarperCollins
Stalking the Wild Pendulum	Itzhak Bentov	Destiny Books
A Little Book on the Human Shadow	Robert Bly	HarperCollins
Way of the Peaceful Warrior	Dan Millman	H J Kramer, Inc.
What We May Be: Techniques for Psychological and Spiritual Growth through Psychosynthesis	Pierro Ferrucci	Thorsons, 1995
The Tibetan Book of Living and Dying	Sogyal Rinpoche	Rider, 2002
Man's Search for Meaning	Viktor E. Frankl	Rider 2004
The Power of Now	Eckhart Tolle	Hodder & Stoughton 2005
The Monk who sold his Ferrari	Robin S Sharma	Harper Collins 2004
Breakthrough Intuition	Rosemary Ellen Guiley	Berkley Publishing Group 2001
Divine Intuition Your Guide to Creating a Life You Love	Lynn A Robinson	Dorling Kindersley 2001
Seeds of Contemplation	Thomas Merton	Shambhala Publications, Inc
The Rhythm of Compassion	Gail Straub	Tuttle Publishing 2000
A Path With Heart	Jack Kornfield	Rider 2007
Windows on a Path to Grace	Caroline McCutcheon	Ring of Grace 1999

Dreaming

Venus Dreaming A Guide to Women's Dreams & Nightmares	Brenda Mallon	Newleaf
Inner Work Using Dreams & Active Imagination for Personal Growth	Robert A Johnson	HarperSanFrancisco
The Secret Language of Dreams	David Fontana	Duncan Baird