



Feedback 5

Our relationships are the best mirrors we have for learning about ourselves. The following exercise is designed to help you learn more about how others perceive you.

Select 5 people who know you preferably from various areas of your life and ask them the following 5 questions?

- What is the **first thing** you think of when you think of me?
- What do you think my **greatest accomplishment** is?
- What do you **value** most about me?
- What do you perceive to be my **greatest strength**?
- What do you perceive to be my **greatest weakness**?

Reflection

1. What are your own answers to the 5 questions?
2. How do the responses compare?
3. Who do you think is right?



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Others	1 st Thing	Greatest Accomplishment	Value Most	Strength	Weakness
Me					